

RESOURCES FOR UTAH RESIDENTS

Emergency Rental Assistance

(<https://rentrelief.utah.gov>)

- ▶ Can help renters who are unable to pay their rent and utilities due to circumstances related to COVID-19.
- ▶ For residents living on Tribal Reservations, you can do a search on this website to access rental assistance.

Other Rental Assistance and Case Management

(<https://rentrelief.utah.gov/contacts>)

- ▶ Connect with the Community Action Agency in your county/region to access other sources of rental assistance.

Utah Housing Authorities

(<https://www.hud.gov/states/utah/renting>)

- ▶ Provide rental assistance vouchers and public housing options to income-eligible residents, call 800-955-2232

Salt Lake City Housing Stability

(www.slc.gov/hand) or call 801-353-7712

- ▶ Formerly known as H.A.N.D., this organization has housing programs, homeless services, and funding opportunities for programs that help provide equity across Salt Lake City.

Home Energy Assistance Target (HEAT) Program

(1-866-205-4357)

- ▶ The HEAT Program provides year-round energy assistance and energy related crisis assistance for eligible low-income households throughout Utah.
 - ✦ Utah Community Action also offers assistance to improve home energy efficiency for low-income Utahns.
 - ✦ <https://www.utahca.org/weatherization/>

Dominion Energy

(<https://www.dominionenergy.com/utah/billing/billing-options-and-assistance>)

- ▶ Provides a one-time annual credit to residents who are eligible for the HEAT Program.

Rocky Mountain Power

- ▶ Call this number to discuss payment options with Rocky Mountain Power 1-888-221-7070

Financial Assistance for Internet Services during COVID-19

- ▶ The Emergency Broadband Benefit (EBB) program is a Federal Communication Commission program that helps households struggling to pay for internet service during the coronavirus pandemic. This new benefit connects eligible households to jobs, critical health-care services, and virtual classrooms.

Food Access (<https://uah.org/covid19>)

- ▶ Benefits and Food Resources from Utahns Against Hunger

Healthcare

- ▶ Open enrollment for Health insurance 801-433-2299

Mental Health

(<https://www.namiut.org/our-programs>) or call 801-323-9900

- ▶ NAMI Utah offers free support groups and education for anyone impacted by mental health conditions throughout Utah – including those with mental health conditions and their family members or loved ones.

Suicide Prevention

- ▶ Live On (<http://utahsuicideprevention.org>) is a state-wide effort to prevent suicide by promoting education, providing resources, and changing our culture around suicide and mental health.
- ▶ HELP LINES (<https://suicidepreventionlifeline.org>)
 - ✦ National Suicide Prevention Lifeline at 1-800-273-8255 or visit the website for more info
 - ✦ UNI Crisis Line at 801-587-3000

Domestic Violence

- ▶ Utah Domestic Violence Coalition
- ▶ 24-Hour LINKLine (1-800-897-5465)
 - ✦ Free and confidential help and support for victims and survivors of domestic and intimate partner violence



Recovery Support Services

(<https://www.myusara.com/support>)

► Recovery Support Services are provided by people who share their lived-experience of addiction and recovery. In the continuum of treatment for Substance Use Disorders, Recovery Support Services offer clients a network for building strong and mutually supportive relationships with informal supports and formal systems in their communities. Recovery Support Services are strengths-based to promote and encourage recovery.

Child Tax Credit Non-filer Sign-up Tool

(<https://www.irs.gov/credits-deductions/child-tax-credit-non-filer-sign-up-tool>)

► Use this tool to report your qualifying children born before 2021 if you:

- ✎ Are not required to file a 2020 tax return, didn't file one and don't plan to; and
- ✎ Have a main home in the United States for more than half of the year.

► Also, if you did not get the full amounts of the first and second Economic Impact Payment, use this tool if you:

- ✎ Are not required to file a 2020 tax return, didn't file and don't plan to, and
- ✎ Want to claim the 2020 Recovery Rebate Credit and get your third Economic Impact Payment.

Utah Independent Living Center

<https://uilc.org/en/resources/il-centers>:

► Information and services for people with disabilities (assistive technology, training, support groups, transportation, advocacy, recreation, and housing assistance).

Utah Parent Center

(<https://utahparentcenter.org>)

or call 800-468-1160

► Resources, training, and support for parents of children with disabilities and other disability resources.

Utah Assistive Technology Program

(www.uatp.usu.edu) or call 800-524-5152

► Offers help finding, using and affording devices that help people remain independent.

Mediation

► Even in a good business relationship, there are sometimes disagreements. If talking with or writing to your landlord over a specific issue is not working, you can attempt to enter mediation with the landlord.

- ✎ Salt Lake Valley or Tooele: Utah Community Action (Landlord Tenant Mediator) at 801-214-3109
- ✎ Summit and Wasatch Counties: Mountain Mediation Center at 435-336-0060
- ✎ Elsewhere in Utah: Utah Dispute Resolution at 877-697-7175

Legal Representation

► People's Legal Aid

- ✎ visit <https://www.plautah.org> or call 801-810-6071

► Utah Legal Services

- ✎ Salt Lake City (801-328-8891)
205 N 400 W
Salt Lake City, UT 84103
- ✎ Provo (801-374-6766)
455 N University Ave, Ste. 100
Provo, UT 84601
- ✎ Ogden (801-394-9431)
298 24th St, Ste. 110
Ogden, UT 84401
- ✎ St. George (435-628-1604)
229 St George Blvd, Ste. 103
St George, UT 84770

Other Resources

- 2-1-1 Resources & Referral
- Disability Law Center (1-800-662-9080)
The Disability Law Center (DLC) is a Protection and Advocacy agency for the state of Utah to protect the rights of people with disabilities in Utah.

